

## ENTRY LEVEL 3 PERSONAL & SOCIAL DEVELOPMENT

*This course is available for AAC users and is fully funded by National Lottery Community Fund. For more information, see below:*

### Qualification aim:

This qualification provides learners with an understanding of a range of skills for beginning to develop a helping relationship with others and potential to progress to Level 1 in Mentoring

### Qualification structure:

There are four different topics (units):

**Developing self:** *The aim of this unit is to introduce the learner to ways in which they can reflect on their own personal development and how their personal skills and abilities can be improved.*

**Manage social relationships:** *The aim of this unit is to encourage learners to use appropriate behaviors when interacting with others in social situations.*

**Interpersonal communication skills –** *This unit encourages learners to think about active listening and barriers to communication*

**Understand interpersonal skills:** *The aim of this unit is to enable the learner to identify their own personal strengths in relation to interpersonal skills and identify the skills they could improve and the benefits of doing this. This unit will develop the learner's understanding of interpersonal skills overall.*

**For more information please contact:**

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Due to COVID19 we have revised all the learning materials to enable you to complete the qualification from the safety and comfort of your home.

We will continue to provide 1-1 support and guidance and ensure we meet your individual learning needs as best we can